



TRIWEST HEALTHCARE ALLIANCE and BLUE SHIELD of CALIFORNIA



present

Their Spirit Inspires

conducted by

Disabled Sports USA Far West

June 16-20, 2009, Sacramento, CA

Honoring Wounded Warriors

Returning From the Wars in Iraq and Afghanistan

Wounded Warrior Ability Camp, June 16-20

Their Spirit Inspires Dinner, Friday, June 19

This event celebrates the accomplishments of Disabled Sports USA Far West, our participants, volunteers and honored guests. The "Their Spirit Inspires Dinner" on Friday evening, June 19th, is the culmination of a four-day event highlighting the abilities of people with disabilities and the powerful positive health and confidence building effects of our programs.

The week starts with an Ability Camp for 20 soldiers and marines disabled in Iraq and Afghanistan. They will receive specialized instruction in waterskiing, whitewater rafting and adapted cycling. This program is designed as part of their therapy and re-integration into the community.

Please join us in celebrating the abilities of our honored guests. For more information, please visit our website at www.disabledsports.net.

"If I Can Do This, I Can Do Anything!"SM



Wounded Warrior
Disabled Sports Project



blue  of california



Their Spirit Inspires Dinner 2009

An inspirational evening highlighting the positive effects of sports rehabilitation on recently disabled Iraq war veterans

WHAT: Soldiers and marines disabled in the Iraq War will spend a week in Sacramento learning sports to help them cope with their disabilities and adapt to everyday life. For the fourth year, Disabled Sports USA Far West is bringing those modern day American heroes together with Vietnam veteran mentors to help them begin to continue to lead active, productive lives. The week will culminate in an inspirational dinner to honor the soldiers' sacrifices for our nation.

Participation in sports rehabilitation programs has long been recognized as being a powerful catalyst in the development of a positive self image and achieving attitude for people with disabilities. Our honored guests will gain specific skills that will increase their self-confidence and mobility.

In addition to this special sports camp, Disabled Sports works with more than 800 local children and adults with disabilities in our adaptive sports and therapeutic recreation programs each year.

WHEN: Friday: June 19, 2009
6:30pm - 8:30pm
Hyatt Regency Hotel
1209 L Street
Sacramento, CA 95814
Business Attire

BACKGROUND: Disabled Sports USA Far West is the founding chapter of the national organization (Disabled Sports USA) and has led the way in adaptive sports and recreation for people with disabilities for over 40 years. With more than 90 chapters serving more than 60,000 people nationwide, DSUSA is the nation's largest nonprofit, multi-sport and multi-disability organization.