



# DISABLED SPORTS Adaptive Snowsports Instruction



ALPINE MEADOWS RESORT, LAKE TAHOE, CA

**For Information & Reservations**

**CALL (530)581-4161 or email [reservations@disabledsports.net](mailto:reservations@disabledsports.net)**

**[www.disabledsports.net](http://www.disabledsports.net)**

*“If I can do this, I can do anything”<sup>SM</sup>*

## LESSONS at Alpine Meadows

**Dates: Daily December 18, 2009 – April 17, 2010**

**Times: 10:00am-12:30 and 1:30-4:00pm**

Each private lesson is 2 1/2 hours long. A portion of the lesson time will be used for assessment and equipment fitting. For equipment and skier safety, sit-down skiers must weight 185 lbs or less.

**Lesson price: \$65 Disabled Sports members; \$200 non-members**

Price includes: Private Instruction and lift ticket. Equipment not included.

**\* NEW! Adaptive equipment rental for lessons: \$10 half-day, \$20 all day for Mono or Bi-skis.**

**Standard ski or snowboard rental: Half-price at Alpine Meadows or Tahoe Dave’s.**

(Alpine Meadows Rental Shop 530-581-8244, Tahoe Dave’s 530-583-6415)

## LESSONS at Northstar-at-Tahoe

**Dates: Selected Friday, Saturdays and Sundays, January-April 2010**

**Times: 9:00am-3:00pm** Each private lesson is 5 hours long. A portion of the lesson time will be used for equipment fitting. For equipment and skier safety, sit-down skiers must weight 185 lbs or less.

**Price: \$175 Disabled Sports Members; \$390 non-members**

Includes Private Instruction, Lift Ticket, and all Ski or Snowboard Equipment.

## ANNUAL MEMBERSHIP

Your \$30 Annual Membership fee ensures you will receive our Newsletter, Summer Program Catalog and be eligible for our discounted winter and summer program fees.

## RESERVATIONS

Reservations are required and are accepted on a first-come, first-served basis.

**To make a reservation call our Program Center at Tahoe 530-581-4161**

**or email [reservations@disabledsports.net](mailto:reservations@disabledsports.net)**

We suggest calling two to four weeks in advance to reserve the dates you desire.

## PAYMENTS & CANCELLATION POLICY

We require full payment in advance to guarantee your reservation.

**Payments are non-refundable.** When you make your reservation, consider the possibility that the mountains may receive heavy snowfall the day you plan to ski and chains may be required on the roads you are traveling. **If notice of cancellation is received by 12-noon the day before your lesson, a credit will be issued which can be used towards another lesson.**

Cancellations made after 12-noon the day before your lesson will not receive a refund or credit.

## ADAPTIVE EQUIPMENT RENTALS

Mono-ski w/outriggers

\$40 full day/\$30 half day

students

Ski Tip Connectors or Blind Bibs

\$5 full day/\$5 half day

## STANDARD EQUIPMENT RENTALS

ALPINE MEADOWS 530-581-8244

50% discount for Disabled Sports

DAVE’S SKI SHOPS 530-582-0900

Truckee & Tahoe City 530-583-6415

50% discount for Disabled Sports students

**TAHOE WEBSITES & INFORMATION**

**[www.skialpine.com](http://www.skialpine.com)**   **[www.gotahoenorth.com](http://www.gotahoenorth.com)**

**Caltrans road conditions [1-800.427.7623](tel:1-800-427-7623)**