



DISABLED SPORTS

Adaptive Snowsports

Instruction LAKE TAHOE, CA



For Information & Reservations

CALL (530)581-4161 or email reservations@disabledsports.net

www.disabledsports.net

“If I Can Do This, I Can Do Anything”SM

LESSONS at Alpine Meadows

Dates: Daily December 16, 2011 – April 14, 2012

Times: 10:00am-12:30 and 1:30-4:00pm

Each private lesson is 2 1/2 hours long. A portion of the lesson time will be used for assessment and equipment fitting. For equipment and skier safety, sit-down skiers must weight 185 lbs or less.

Lesson price: \$65 Disabled Sports members; \$200 non-members

Price includes: Private Instruction and lift ticket. Equipment not included.

Adaptive equipment rental for lessons: \$10 half-day, \$20 all day for Mono or Bi-skis.

Standard ski or snowboard rental: Half-price at Alpine Meadows or Tahoe Dave's.

(Alpine Meadows Rental Shop 530-581-8244, Tahoe Dave's 530-583-6415)

LESSONS at Squaw Valley

Details coming soon!

ANNUAL MEMBERSHIP

Your \$30 Annual Membership fee ensures you will receive our Newsletter, Summer Program Catalog and be eligible for our discounted winter and summer program fees.

RESERVATIONS

Reservations are required and are accepted on a first-come, first-served basis.

To make a reservation call our Program Center at Tahoe 530-581-4161

or email reservations@disabledsports.net

We suggest calling two to four weeks in advance to reserve the dates you desire.

PAYMENTS & CANCELLATION POLICY

We require full payment in advance to guarantee your reservation.

Payments are non-refundable. When you make your reservation, consider the possibility that the mountains may receive heavy snowfall the day you plan to ski and chains may be required on the roads you are traveling. **If notice of cancellation is received 24 hours in advance, a Disabled Sports credit will be issued which can be used towards another lesson.**

Cancellations made less than 24 hours in advance will not receive a refund or credit.

ADAPTIVE EQUIPMENT RENTALS (ONLY)

Mono-ski w/outriggers

\$40 full day/\$30 half day

Ski Tip Connectors or Blind Bibs

\$5 full day/\$5 half day

STANDARD EQUIPMENT RENTALS

ALPINE MEADOWS 530-581-8244

50% discount for Disabled Sports students

DAVE'S SKI SHOPS 530-582-0900

Truckee & Tahoe City 530-583-6415

50% discount for Disabled Sports students

TAHOE WEBSITES & INFORMATION

www.skialpine.com

www.gotahoenorth.com

Caltrans road conditions **800.427.7623**