



HIGH PERFORMANCE TEAM 2011-12



Paralympic Sport Club Lake Tahoe's **High Performance Team (HPT)** is back for its third year with a new look! A program of **Disabled Sports USA Far West**, with support from the US Olympic Committee, members of the **HPT** will work with national level coaches on upper level skiing proficiency and racing skills. The **HPT** will have a stronger race focus this year running slalom and GS courses alongside the Alpine Meadows Masters Race Program (<http://www.skialpine.com/lessons/masters-program>).

The **HPT** is available to all adaptive skiers with physical disabilities as outlined under the definitions of the International Paralympic Committee (see below for a list of classifications by disability). Whether you are an old veteran racer looking for the thrill of running a challenging practice course, a current racer hoping to refine your technique, or have never been in a course and want to learn, these camps are just what you are looking for!



Four camps are scheduled for Alpine Meadows with an additional, optional, two weekends at Mammoth Mountain.

HPT Camps at Alpine Meadows:

DATES: Wednesday and Thursday - December 21-22

Saturday and Sunday - January 28-29, February 25-26, and March 24-25

TIMES: 8:30am – 4:00pm

LOCATION: The Program Center of Disabled Sports, Alpine Meadows Resort, CA

COST: \$600 for all eight days; \$175 for one weekend; or \$95 daily. Must be a member of Disabled Sports (yearly membership \$30).

WHAT IS INCLUDED: Fantastic coaching, lift ticket, ski buddy (if needed), and discounted mono ski rental (\$20/day)!

HPT Weekend Camps at Mammoth Mountain:

DATES: February 3-5 ("Adaptive Alpine Race Camp" and level 1 Race)

March 9-11 ("Mono Madness" mono ski camp)

LOCATION: Disabled Sports-Eastern Sierra, Mammoth Mountain Resort, CA

COST: \$100 per weekend

WHAT IS INCLUDED: Fantastic coaching, lift ticket, ski buddy (if needed), and race entry-level race.

Alpine Skiing Classification:

Alpine skiing consists of thirteen classifications for athletes with a physical disability (seven for standing and three for sitting) and three for athletes with visual impairments. When classifications are combined in competition due to an insufficient number of athletes in a class, a formula is used to "factor" athletes' times according to their classification status.

For more information, visit the IPC's [Alpine Skiing Classification](#) page.

Please address all inquiries to **Bill Bowness** at bill@disabledsports.net