

## RECREATIONAL RESOURCES

<b>Category</b>	<b>Contact</b>	<b>Phone</b>	<b>Serves</b>	<b>Activities</b>
<b>Aquatics</b>				
Access Leisure	Steve Hornsey	916-808-2340	Disabled, All Ages	Water Activities
American River College	Raye Maero	916-484-8281	Disabled, 18+	APE Classes
Sacramento City College	leave message	916-558-2457	Disabled, 18+	APE Classes
Sunrise Parks & Recreation	Kate Rebello	916-725-1585	Disabled, All Ages	Water Activities
<b>Baseball</b>				
Challenger Baseball	Jerry & Karen Pack	916-381-0898	Disabled, Youth	Little League
<b>Camping</b>				
Access Leisure	Jenny Yarrow	916-808-6017	Disabled Youth	Camping
County of Sacramento	Kathi Barber	916-875-6342	All Abilities	Camping
<b>Equestrian Activities</b>				
Horses For Healing	leave message	530-887-9573	Disabled, All Ages	Therapeutic Riding
Project RIDE	Julie Rivard	916-685-7433	Disabled, All Ages	Therapeutic Riding
Ride & Shine	Sarah Henjum	530-676-1920	Disabled, All Ages	Therapeutic Riding
Ride To Walk	Susan Brouwer	916-434-0693	Disabled, All Ages	Therapeutic Riding
Saddle Pals/UCP	Laura Beeman	916-726-7257	Disabled, All Ages	Therapeutic Riding
<b>Golf</b>				
The First Tee	Colleen Henry	916-277-1207	Disabled, All Ages	Golf
<b>Gym Sports</b>				
Access Leisure	Drew Vincent	916-799-0815	Phys. Disabled, Youth	Basketball/Power Soccer
American River College	Ray Maero	916-484-8281	Disabled, 18+	APE Classes
Challenge Basketball/Soccer	leave message	916-554-0889	Disabled, Youth	Basketball/Soccer
CSUS - Project PLAY	Scott Modell	916-278-5041	Disabled, Youth	Movement Activities
<b>Rafting/Kayaking/Sailing</b>				
BAADS	Tom Fowle	415-281-0212	Disabled, All Ages	Sailing
Environmental Travel Companions	Greg Milano/Davido Crow	415-474-7662	Disabled, All Ages	Kayaking/Rafting
<b>Snow/Water Skiing</b>				
Access Leisure	Steve Hornsey	916-808-2340	Phys. Disabled, Youth	WAVE Camp
Environmental Travel Companions	Cheyenne Berry	415-474-7662	Disabled, All Ages	Cross-Country Skiing
Ski For Light	Betsy Rowell	916-362-5557	Blind, Adults/Children	Snow Skiing
<b>Social Recreation</b>				
Alta CA Regional Center/ Access Leisure	Teen Coordinator	916-978-6400 916-808-6085	Disabled, Teens/Adults	Teen Program/Misc.
<b>Tennis</b>				
Access Leisure	Jolene Wells	916-425-6757	Phys. Disabled, All Ages	Tennis
American River College	Raye Maero	916-484-8281	Phys. Disabled, All Ages	APE Classes
US Tennis Association	Steve Leube	530-893-8782	Phys. Disabled, All Ages	Tennis
<b>Miscellaneous Programs</b>				
Access Leisure	Steve Hornsey	916-808-2340	Disabled, All Ages	Sports Program
American River College	Raye Maero	916-484-8281	Disabled, 18+	APE Classes

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Co. of Sacramento	Kathi Barber	916-875-6342	Disabled, All Ages	Travel
Sacramento City College	leave message	916-558-2457	Disabled, 18+	APE Classes
Sacramento Lightening	Janice Van Dyck	916-283-5287	Disabled, 8-70	Sled Hockey
Special Olympics/No CA	Roger Slingerman	916-920-2950 Ex30	Disabled, All Ages	Sports Program